

# **TOURNIQUET CONVERSION-REPLACEMENT DRILL**

## **ALL CORPS**

### REQUIREMENTS

- < 2 Hours TQ Time elapsed
- > 2 Hours TQ Time anticipated to higher care
- HR  $\leq$  100 BP  $\geq$  90 (wrist pulse present)

### PREPARATION PHASE

1. Leave Immediate Action TQ in place
2. Cut clothing. Expose limb & inspect wound
3. Conduct wound packing & pressure dressing
4. Place Deliberate TQ 5cm above wound (loose)

### CONVERSION PHASE

1. Release Immediate Action Tourniquet
2. Observe 2 minutes for re-bleeding
3. Expect minor bleeding into dressing

### REPLACEMENT PHASE

1. Only required if high volume blood loss
2. Tighten windlass of Deliberate TQ
3. Keep IA TQ in place (loose)

**RE-BLEEDING CAN OCCUR AT ANY TIME  
REGULARLY MONITOR WOUND**