Biography – The Cove – 23 June 2021

Lieutenant Colonel Alex Palmer

LTCOL Palmer enlisted in the Australian Army as an Infantry Soldier in 1995. He graduated from The Royal Military College – Duntroon in June 1997 into the Royal Australian Electrical and Mechanical Engineering (RAEME) Corps. His first appointment was at the 4th Battalion (Commando), The Royal Australian Regiment (now, 2nd Commando Regiment) as the Workshop Platoon Commander. During his tenure, he not only successfully completed Special Forces selection but also built the strong and resilient foundations that have shaped his entire career.



After leaving the Regiment, LTCOL Palmer gained a Mechanical Engineering degree and has subsequently completed a variety of Engineering, Logistics, Command and Staff appointments within Forces Command (FORCOMD), Special Operations Command and Joint Operations Command (JOC). Highlights have included Sub Unit Commander in 17 Brigade, Principle Engineer - Headquarters Special Operations, Training Officer – 1st Commando Regiment and Non-Regional Logistic Planner – Headquarters JOC. He is a distinguished graduate of the Malaysian Armed Forces Staff College and completed multiple tours of Afghanistan, his last in 2015/16 as the Military Assistant to Deputy Chief of Staff Operations / Deputy Commander United States Forces.

LTCOL Palmer recently completed three years as the Principle Maintenance Engineer - Headquarters FORCOMD before assuming his current position this year as Staff Officer Level One, Emerging Technology in Future Land Warfare's Robotics and Autonomous Systems, Implementation and Coordination Office (RICO), Army Headquarters.